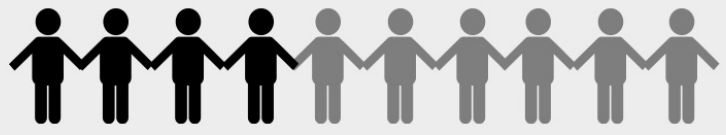


# Treatment Options for Allergic Kids



As many as  
**4 out of 10**  
kids suffer with allergies\*



\*American College of Allergy, Asthma, and Immunology

## Common symptoms of kids' allergies:

Runny or stuffy nose

Asthma or wheezing

Sneezing

Chronic ear infections

Eczema or hives

Upset stomach (from food allergies)

### Medications

Antihistamines, decongestants, asthma inhalers, etc.

#### Pros:

+ Can work quickly and effectively for short-term seasonal allergies

#### Cons:

- Can have side effects
- Treat symptoms only (not the underlying allergy)

### Allergy Shots

( aka "Allergy immunotherapy")

#### Pros:

- + Treat the underlying allergy (not just symptoms) for a lasting solution
- + Avoid side effects of synthetic medications

#### Cons:

- Not usually prescribed for kids under 7
- Require frequent trips to the doctor for shots

### Under-the-Tongue Allergy Drops

(aka "Sublingual immunotherapy")

#### Pros:

+ Same pros as allergy shots

#### Plus:

- + Easier to administer than shots (can be taken at home)
- + Safer than shots
- + Can be prescribed for younger kids than shots can

#### Cons:

- Some insurance companies do not cover



**AllergyEasy**®

Learn more about allergy immunotherapy options (including shots and under-the-tongue drops) at [www.AllergyEasy.com](http://www.AllergyEasy.com)